



Benefits of a GAP YEAR

Congrats! You've graduated from high school and are ready for what's next. Maybe you're considering taking a gap year? Check out the stats below to see how popular they are becoming and how you could benefit.

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PEER-TO-PEER COMPARISONS

Studies indicate that, compared with their non-gap-year peers:



HIGHER GPA

Gap year students consistently maintain a higher GPA. * **



QUICKER GRADUATION

Gap year students take less time to graduate.**



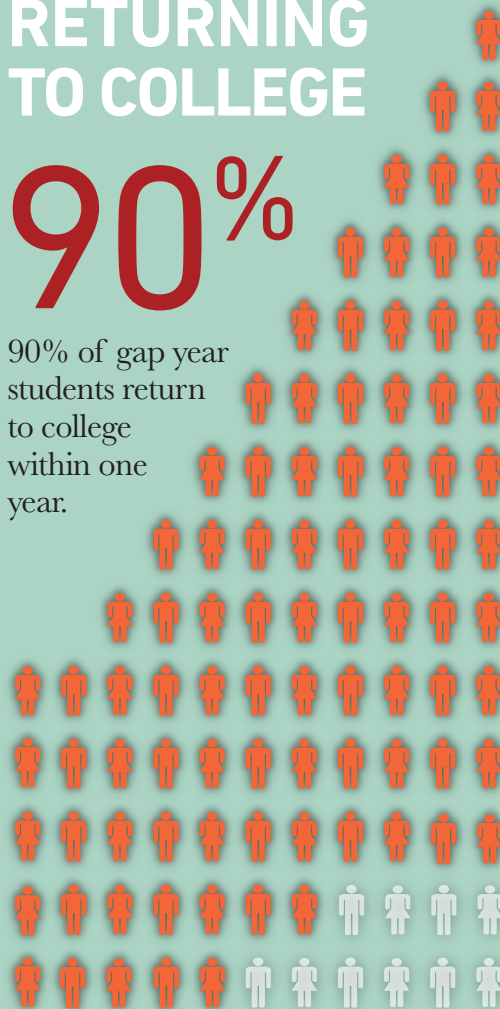
LEADERSHIP ROLES

Gap year students have fewer behavioral issues and tend to be leaders on campus.**

RETURNING TO COLLEGE

90%

90% of gap year students return to college within one year.



IMPROVING THE COLLEGE EXPERIENCE

Gap year students report:

▶ 97%

MATURITY: 97% say their gap year increased their maturity.

▶ 96%

SELF-CONFIDENCE: 96% say their gap year increased their self-confidence.

▶ 77%

PURPOSE: 77% reported their gap year helped them find purpose in their life.

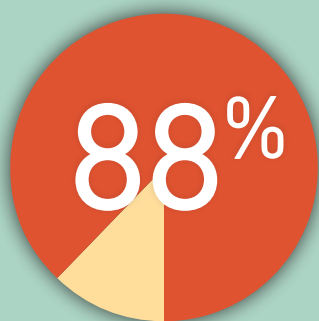
▶ 66%

ACADEMICS: 66% said they took academic work more seriously after taking a gap year.

THE BENEFITS EXTEND BEYOND COLLEGE

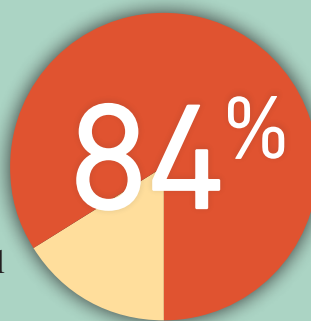
JOBS

88% believe the gap year experience increased their employability.



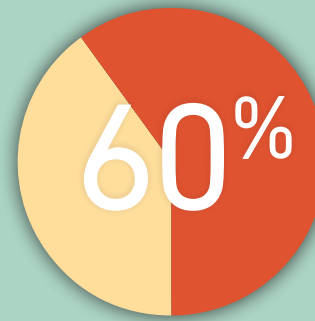
SKILLS

84% say their gap year helped them acquire skills to be successful in their career.



CAREER

60% Say their gap year helped define their current career path.



FINANCIAL AID

Amount of scholarships & needs-based grants distributed by American Gap Association programs in 2013

\$2.5 million

ENROLLMENT IS CLIMBING

An estimated 45,000 students deferred college admission in 2014.

