



WINTERLINE GLOBAL SKILLS PROGRAM

SAMPLE ITINERARY



ORIENTATION | USA (Estes Park, CO & Wind River Range, WY) | September

LET THE ADVENTURE BEGIN



PARTNERS:

- YMCA of the Rockies
- National Outdoor Leadership School (NOLS)

The Winterline Global Skills Program Orientation lays the foundation for the rest of the year.

SKILLS: Team-building, creating a positive and safe culture, non-violent communication techniques, program logistics and preparation, risk management training

USA

During your Rocky Mountain Wilderness Training in Wyoming, you will learn outdoor, self-care, leadership, and safety skills that will be useful for the rest of your life.

SKILLS: Wilderness First Aid, leadership training, teambuilding, outdoor skills, navigation, Leave No Trace principles

Sample itinerary only. Dates, schedule, content and partners are subject to change.

TRIMESTER ONE | Belize, Costa Rica | October – November

CENTRAL AMERICA: LIVING IN OUR WORLD



PARTNERS:

- The Toledo Institute for Development and Environment (TIDE)/Ridge to Reef
- Monteverde Institute
- Rancho Mastatal
- United World College - Costa Rica

CAREER APPLICATIONS: Environmental science, outdoor education, sustainable development, conservation science, hospitality and tourism, marine biology and agriculture

BELIZE

Big Falls, Punta Gorda, Placencia

Live in a community environment and learn to care for yourself and the group in a marine environment. Learn and use scientific research skills while studying the local lionfish population, while understanding the ecological impact of this invasive species. Get Scuba PADI certified and experience enriching regional experiences such as drum making and fishing.

SKILLS: Kayaking, fishing, scuba diving, leadership, navigation, scientific method

COSTA RICA

Central Valley

Immerse yourself in a student centered community while learning how to reflect, debrief and plan ahead. This is a transition period focused on getting ready for the next location. Students will have opportunities for activities such as dance class, language practice, and cooking class.

SKILLS: Safe and smart travel, transition, language introduction

Central Highlands

Work on a permaculture farm and experience a community rooted in environmental sustainability. Learn how to live in balance with the natural environment. Attain wood working and natural building skills and use of hand tools that have a real life application.

SKILLS: Permaculture design, soil ecology and fertility, natural building, food production, cultural immersion, basic Spanish conversation, sustainability, wood working

Monteverde

INDEPENDENT PROJECT I: While living in homestays, students will have the opportunity to apprentice with businesses and organizations around Monteverde to learn skills such as coffee production, adventure and eco-tourism, water management and ranching, language acquisition, ecology and environmental science, and agriculture. Students will share their experience with the community to wrap up the trimester.

SKILLS: Independent travel, hands-on internship, language, presentation skills, cultural literacy



WINTER BREAK

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TRIMESTER TWO | Thailand, Cambodia, India | January – March

ASIA: CONNECTING ACROSS CULTURES



PARTNERS:

- The Art of Living/Atmasantulana/Artsphere/Redstone
- Baipai Thai Cooking School
- Bangkok Vanguard
- Ecole Paul Dubrule
- Grasshopper Bicycle Tours
- Mahindra United World College of India
- The Capacity Specialists
- ithinkasia
- Aerie Backcountry Medicine

CAREER APPLICATIONS: International business and trade, culinary arts, hospitality and tourism, sustainable development, animation and videography, social entrepreneurship, social science

THAILAND

Bangkok

Navigate the city and coastline of Bangkok using a variety of transportation modes. Cook with Thai chefs and learn about the many spices and herbs used in Thai cooking. Practice important customer service and hospitality skills.

SKILLS: Cooking, navigation and urban safety, bargaining, self-care, customer service, cultural assimilation

CAMBODIA

Phnom Penh

See the inside workings of a local business and learn what it takes to be a business owner, including networking and customer service. Acquire and practice conflict resolution, team dynamics

and leadership skills. Create your own vision board, learn about communication styles, conflict, relationships, goal setting and intrinsic drivers. Learn animation and videography techniques and then use your new skills to produce your own short animation or video project.

SKILLS: Conflict resolution, team dynamics, animation, videography, mixology

SIEM REAP

Learn to maintain a bike and then ride through the temples of Angkor Wat, the largest religious monument in the world. Get hands-on baking skills in a professional kitchen from master bakers and learn the essentials of restaurant etiquette. Take a trip to the local, open-air market to shop and negotiate, then plan and prepare a meal.

SKILLS: Bicycle maintenance and safety, baking, mixology, restaurant etiquette, shopping, meal planning, cultural assimilation

INDIA

Pune

Learn and practice rural and disaster medicine skills. Train in relationship building, empathy, and mental health support.

SKILLS: Care giving, disaster medicine, rural health and mental health.

INDEPENDENT PROJECT II: Immerse yourself in the ancient self-care traditions of India while practicing independent travel in small groups.

SKILLS: Self-directed learning, project planning, budgeting, self-care, independent travel, skills of students' choosing including yoga, meditation, Ayurvedic medicine, and Indian dance.

Mumbai

Learn to navigate a bustling city. Share stories, reflect in the trimester and celebrate individual accomplishments.

SKILLS: Reflection, de-brief, presentations, facilitation, safely navigating a city.

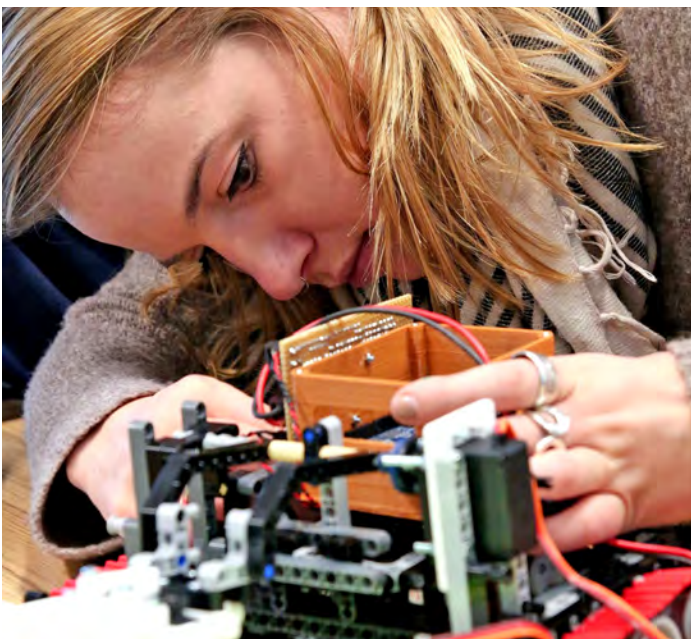


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TRIMESTER THREE | Italy, Austria, Germany, Czech Republic, USA | March – May

EUROPE & USA: BUILDING YOUR FUTURE



PARTNERS:

- Abatezanetti
- BMW Driving Academy
- Cà Macana
- Orsoni
- Redstar Ventures
- Startup Institute
- Technikum Wien

CAREER APPLICATIONS: International business, arts, technology design, financial planning, entrepreneurship, tourism, sales, customer service

ITALY

Venice

Immerse yourself in the rich traditions of Venetian art and architecture, then create your own art through glass mosaics and mask making. Learn photography then view the city through a camera lens. Sample regional wines at a wine tasting.

SKILLS: Arts, arts appreciation, photography, wine tasting

AUSTRIA

Vienna

Hone your problem-solving skills by designing and building a robot to perform a set of tasks using design thinking and rapid prototyping.

SKILLS: Robotics, testing hypothesis, coding, design, problem solving, teamwork

GERMANY

Munich

Experience the joy of driving and learn how to control a car in simulations of real life driving, learning skills such as precise steering, braking, understeering and target stops. Complete the experience with an exciting mixture of speed and fun during a timed slalom contest.

SKILLS: Driving safely, handling road hazards under extreme situations

Various locations

INDEPENDENT PROJECTS III: Spend a week on your own in a city of your choosing in Europe to learn a new skill, deepen one you already have or apply one in a practical way. Each student will develop a project proposal that includes goals, a plan, a budget, and logistics.

SKILLS: Self-directed learning, project planning, budgeting, independent travel, risk management, presentation skills

PRAGUE

SPRING BREAK

Students may choose to stay in Prague in Winterline housing or to take an independent Spring break with family or friends.

USA

Boston

Develop your personal brand and build a company from scratch. Learn how financial decisions can impact your future through a unique financial literacy simulator. Close out the year with a storytelling unit and group presentation about your gap year adventure.

SKILLS: Career skills, business finance, financial literacy, business contracts, start up boot camp (entrepreneurship), problem-solving, storytelling, presentation skills, public speaking



GRADUATION CEREMONY

A celebration and presentation of the skills we have gained over the last nine months!

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